

JUNE NEWSBITES 2024



PRINCIPAL'S MESSAGE

Embracing the Journey of Yoga

Dear Students, Staff, and Parents,

As we gather to celebrate the essence and benefits of yoga, I am reminded of the profound words, "Yoga is the journey of the self, to the self, through the self." This timeless wisdom beautifully encapsulates the transformative power of yoga, guiding us on an inward journey towards self-discovery and inner peace.

Yoga is not just a practice but a way of life. It encourages us to connect with our inner selves, fostering a deep sense of awareness and mindfulness. Through the harmonious blend of body, mind, and spirit, yoga helps us navigate life's challenges with grace and resilience.

In our fast-paced world, yoga offers a sanctuary of calm and clarity. It teaches us the importance of balance, patience, and compassion, both towards ourselves and others. By embracing yoga, we embark on a path of self-improvement and holistic well-being.

As we continue this journey together, let us remember that yoga is a personal and unique experience for each one of us. It is a journey of continuous growth, learning, and self-discovery. May we all find the courage to explore the depths of our true selves and emerge stronger, wiser, and more compassionate.

Warm regards,

Ms. Vanaja
Principal

Akshara Vaagdevi International School Hosts a Resplendent Scouts and Guides Investiture Ceremony

Akshara Vaagdevi International School recently celebrated the induction of new Scouts and Guides with an inspiring Investiture Ceremony, distinguished by the attendance of esteemed dignitaries and imbued with a vibrant spirit of pride and enthusiasm. The event underscored the school's commitment to the holistic development and character building of its students.

The ceremony, held at the school's premises, was honored by the presence of notable chief guests. Among them were Shri. S. Saraswati, a retired Assistant Professor from Kasturba Gandhi College and Rashtra Pati Guide of the Secunderabad District, and K. Ramesh Chandar, the former District Commissioner of Guides. Both are celebrated for their profound contributions to scouting and guiding.

The occasion was further graced by Shri. P.L. Srinivas, the Founder, Vice-Chairman, and Correspondent of AVIS & RGR Siddhanthi Group of Colleges, whose participation underscored the importance of nurturing future leaders through such initiatives. Also in attendance was Vanam Raju, a respected figure in the scouting community, serving as an inspiration to the young Scouts and Guides.

The investiture ceremony marked a pivotal moment for the students as they accepted roles of leadership and responsibility within their Scout and Guide units. Each member took a pledge to embody the principles of integrity, leadership, and service, reinforcing the enduring values of the Scout and Guide movement.



In their addresses, the chief guests, along with Vanaja, the esteemed Principal of Akshara Vaagdevi International School, lauded the students for their dedication to the ideals of scouting and guiding. They highlighted the critical role these organizations play in cultivating teamwork, resilience, and social responsibility among young people. It was a proud moment for all as Ms Vanaja was elected as working President of Telangana state, Scouts and Guides.

The ceremony concluded on an uplifting note, with the newly invested Scouts and Guides filled with pride and a renewed commitment to contributing positively to their communities. This event served as a poignant reminder of the impactful role of scouting and guiding in nurturing young minds.

The successful investiture ceremony at Akshara Vaagdevi International School stands as a testament to the institution's unwavering dedication to developing well-rounded individuals poised to meet the challenges of the future with confidence and empathy. The event was celebrated by proud parents, supportive teachers, and the dedicated school staff, all reaffirming their commitment to the students' comprehensive development.



First Aid Training Session Enriches Staff Knowledge

On June 10 Akshara Vaagdevi International School conducted an enriching First Aid training session, underscoring its commitment to ensuring the safety and well-being of its school community. Held on June 10th, 2024, the session proved to be a vital opportunity for staff members to acquire essential life-saving skills and knowledge.

Under the expert guidance of distinguished guests Dr. Chetan R Mundada and Dr. Geethanjali Ramachandra, the training delved into crucial aspects of First Aid practices. Dr. Mundada, a seasoned specialist in Pediatrics with over two decades of experience, and Dr. Geethanjali, an expert in pediatric critical care and simulation training, brought a wealth of expertise to the session.

Throughout the event, participants were enlightened on various aspects of First Aid, ranging from basic techniques to more advanced protocols. The interactive nature of the training facilitated active engagement, allowing staff members to absorb valuable insights and practical know-how. The session was skillfully moderated by Mr. Srikanth, the School Counselor and Wellness Coordinator, who ensured a seamless flow of information and encouraged participation from all attendees. His efforts contributed significantly to the success of the training, fostering a collaborative learning environment.

Acknowledgement is extended to the school's Principal, Ms. Vanaja, and Vice Principal, Ms. Rachana Singh, for their steadfast support in organizing the session. Their dedication to prioritizing the safety and well-being of the school community is deeply appreciated. Aligned with the guidelines of CBSE Health and Wellness, the First Aid training session exemplified the school's commitment to holistic education, equipping staff members with essential skills beyond the academic realm.

As the participants reflect on their experience, the impact of the training session reverberates beyond the confines of the school premises. Armed with newfound knowledge and confidence, staff members are better prepared to

respond effectively to emergency situations, further enhancing the safety net within the school community.

Akshara Vaagdevi International School looks forward to continuing its endeavors in promoting a culture of safety and preparedness, guided by the principles of compassion, collaboration, and continuous learning. Thank you to all participants for their enthusiastic engagement and commitment to creating a safer environment for everyone. Together, let us uphold the spirit of preparedness and resilience, ensuring the well-being of all members of the school community.



Insightful webinar on 'Parenting Skills,' hosted by Akshara Vaagdevi International School in collaboration with Project CACA.

This webinar was designed to provide parents with valuable tools and strategies to enhance their parenting journey 15 June.

The highlights were

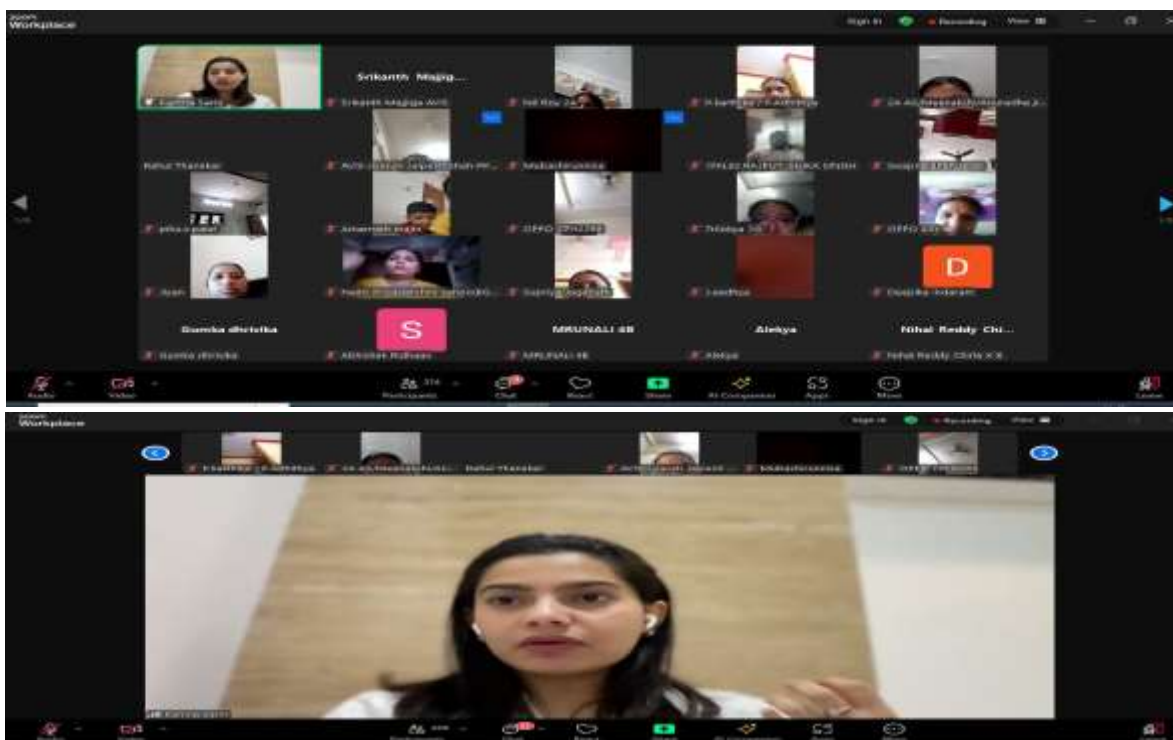
Effective Communication Strategies: Discover how to foster open and honest dialogues with your children.

Positive Discipline Techniques: Learn methods to encourage positive behavior without resorting to punishment.

Fostering Emotional Intelligence: Understand the importance of nurturing your child's emotional intelligence and how to support their emotional growth.

Building Strong Parent-Child Relationships: Gain insights into creating and maintaining a healthy and strong relationship with your children.

The resource Person was Ms. Usha Gusain from Project CACA and Health and wellness Coordinator Mr. Srikanth School Counsellor under the abled Guidance and supervision of Ms. Vanaja, Principal AVIS



Social Club Inauguration

On 18th June the Social Club was inaugurated. The event commenced with the lighting of lamp Principal Ms Vanaja event was started by lighting the lamp followed by welcome dance importance of club was shared with students by social hod Ms Padmaja Madam, has given vision and mission of social club followed by vote of thanks..



Today a reader, Tomorrow a leader

"National Reading Day " a special assembly was celebrated on 20th June 2024 at AVIS for Grades III to VI. The assembly started by the anchoring team from Grade VI students welcoming the dignitaries through a guard of honor. Our chief guest was Dr. Yadigiri Garu, a highly experienced librarian and academic at Bharat Ratna Dr. B. R. Ambedkar Memorial Library, Osmania University, Hyderabad. Our Principal Ma'am honored the chief guest with a sapling and invited him for the lamp lighting. Students from Grade VI spoke about the importance of our special assembly by giving a speech about National Reading Day and about Mr. P. N. Panicker. After the speech, the respected chief guest and principal ma'am inaugurated the English department's expression series club and our HOD, Ms.Hema Ma'am, spoke about the club activities. Later, we had insights from the chief guest and principal ma'am's about the day. Then, our dignitaries were invited to introduce National Reading Day in our school library supported by our librarians, Mrs. Swapna Jinkari, and Mrs. Roopa. The special assembly for the day was ended by a vote of thanks by Grade VI B students.



Health and Wellness Workshop on Identifying Students with Special Needs

As part of our Health and Wellness Calendar for the academic year 2024-25, a workshop on "Indicators for Identification of Students with Special Needs" was conducted on 19th June 2024. The workshop, led by Mrs. Mala Suri, a renowned child psychologist, provided valuable insights for our teachers.



The session was expertly moderated by our school counselor, with active participation from our coordinators and teachers. The workshop focused on equipping our educators with the knowledge to identify and support students with special needs effectively. Our Principal honored Mrs. Mala Suri, expressing gratitude for her valuable contribution to our school community.



International Yoga Day

Akshara Vaagdevi International School celebrated International Yoga Day on June 21, 2024, with great enthusiasm and participation across all four blocks of the campus. The event was highlighted by the presence of distinguished guests from Isha Life, who conducted an engaging and insightful yoga session for the students.

The celebration kicked off with an introduction to Nadi Yoga, a practice focused on balancing the body's energy channels. The experts from Isha Life guided the students through various yoga postures, breathing exercises, and meditation techniques, emphasizing the significance of incorporating yoga into their daily lives. The one-hour session was both educational and rejuvenating, offering students a chance to unwind and connect with their inner selves.

In addition to Nadi Yoga, the session included demonstrations of different types of yoga, showcasing the versatility and benefits of this ancient practice. The students eagerly participated, demonstrating their flexibility and enthusiasm for learning new ways to enhance their physical and mental well-being.

The event underscored the importance of holistic health, aligning with the school's commitment to fostering a balanced and healthy lifestyle among its students. The celebration concluded with a vote of thanks to the Isha Life guests for their invaluable contribution and to the participants for their active involvement.

Overall, International Yoga Day at Akshara Vaagdevi International School was a resounding success, leaving a lasting impression on everyone involved and reinforcing the timeless relevance of yoga in modern life.



World Music Day

World Music Day celebrates music's power to transcend boundaries, connect people, and enrich societies. On 21st June world music day was celebrated with great pomp and enthusiasm.

The guest for the day was Kalyani Dwibhashyam she is a renowned vocalist, musician, and educator in the field of Indian classical music. She is known for her significant contributions as a singer and as the director of the Surya Prabha Sangeetha Academy with 35 years of experience in this field.

The day aims to unite people of different cultures and backgrounds through music, fostering community spirit and artistic expression.

Ms Madhavi, music teacher trained the students and they performed jugalbandi amalgamation of classical and western. The audience was enthralled and mesmerized with their performance. As a token of appreciation Principal Ms Vanaja presented a sapling to the guest.



You raised me right

Father's Day is a special occasion to honor and celebrate the contributions and presence of fathers and father figures in our lives. On 22nd June 24 Akshara Vaagdevi International School organized a memorable Father's Day celebration, filled with activities, performances, and heartfelt moments.

The celebration began with a warm welcome by the vice principal, who highlighted the significance of fathers in nurturing and supporting their children.

Competitions were conducted like, singing, fireless cooking, Yoga Heart-warming songs performed brought out the competitive spirit and camaraderie between fathers and their children. Energetic dance performance by father and daughter. Touching poems recited by Fathers, expressing their love and gratitude. A special tribute segment featured by students sharing messages about what their fathers mean to them. This emotional segment was a highlight of the day, bringing smiles and tears to many faces. The Father's Day celebration at our school was a resounding success, filled with joy, laughter, and heartfelt moments. We look forward to continuing this tradition and creating more beautiful memories in the years to come.

We extend our heartfelt thanks to all the teachers, staff, students, and parents who contributed to making this event a memorable one.



Health and Wellness Club: Self-Awareness

Our Health and Wellness Club recently organized self-awareness and introspection diary activities for students in Grade III to Grade VIII. This initiative encouraged students to reflect on their thoughts and feelings, fostering personal growth and emotional intelligence.

Our teachers guided the students through the process, helping them articulate their experiences and emotions. We're proud of our students for participating enthusiastically and benefiting from this valuable exercise.



Upa Yoga Session Energizes Teachers at Akshara Vaagdevi International School

The Health and Wellness Club at Akshara Vaagdevi International School recently organized an invigorating "Upa Yoga" session for our dedicated teachers. The session was led by esteemed volunteers Mr. Pavan Krishna and Mr. Anil Kumar from the Isha Foundation.

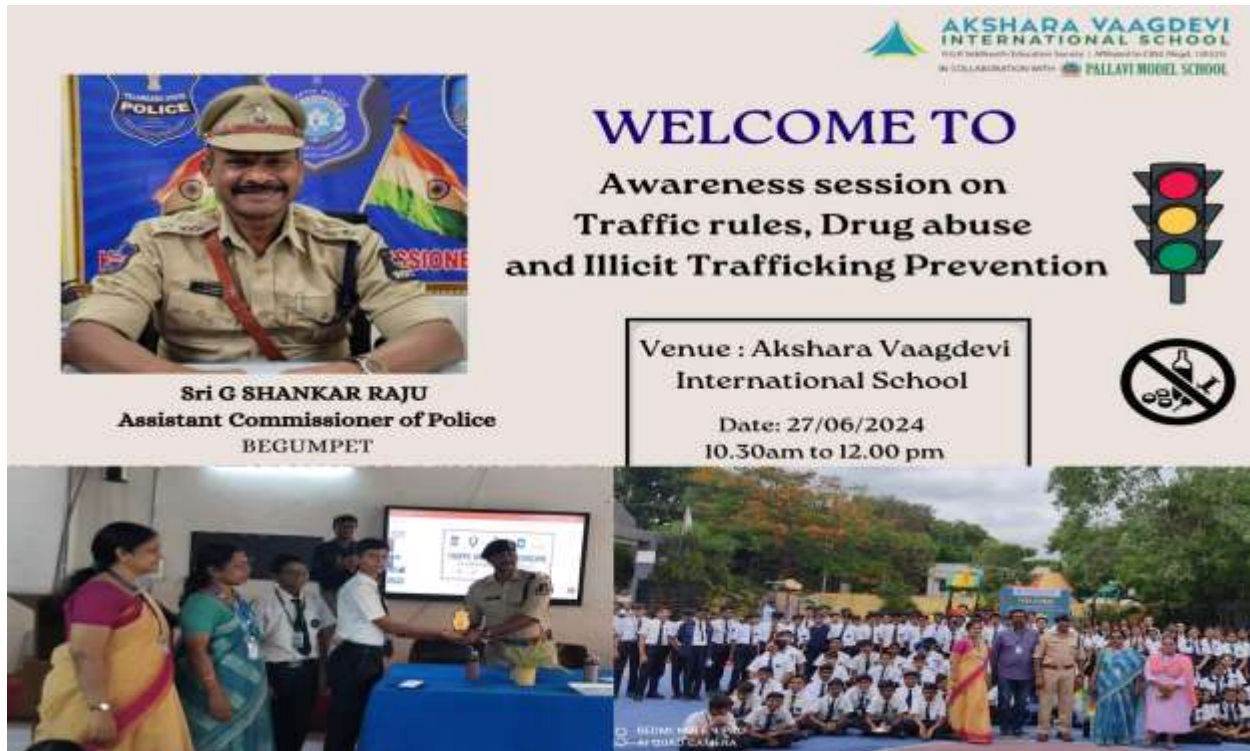
All our staff members participated actively, experiencing the numerous benefits of Upa Yoga firsthand. The session left everyone feeling refreshed, energized, and ready to bring even more positivity to their classrooms.

We are grateful to the Isha Foundation for their support and look forward to more such enriching activities.



TRAFFIC AWARENESS SESSION

On 28th June Akshara Vaagdevi International School organized an Awareness session on Traffic rules, Drug abuse And Illicit Trafficking Prevention in the school premises. The guest for the day was Sri G Shankar Rao, assistant Commissioner, Hyderabad Traffic Police Commissionerate Telangana, India. The programme was organized for grades IX and X students. The event was graced by the presence of officials from the Narcotics Control Bureau (NCB), Kochi. The Chief Guests of the event were Mr. Saiju Varghese, Senior Intelligence Officer NCB and Mrs. Divyalakshmi. Speaking on this occasion. The chief guest highlighted that families, schools and communities play a crucial role, especially in supporting youth who may be affected by drug abuse with terrible and long-lasting consequences. The session helped create awareness among the students about drug abuse and illicit trafficking and the precautions to be taken.



AKSHARA VAAGDEVI INTERNATIONAL SCHOOL
WISB International Education Society | Address: 1282, Phase 1, 1282
IN COLLABORATION WITH PALLAVI MODEL SCHOOL

WELCOME TO
Awareness session on
Traffic rules, Drug abuse
and Illicit Trafficking Prevention

Sri G SHANKAR RAJU
Assistant Commissioner of Police
BEGUMPET

Venue : Akshara Vaagdevi International School
Date: 27/06/2024
10.30am to 12.00 pm

The composite image includes a portrait of Sri G Shankar Raju, Assistant Commissioner of Police, Begumpet, in uniform. To the right is a banner with the school's logo and the event title. Below the banner is a traffic light icon and a 'no alcohol' sign. At the bottom are two photographs: one showing a group of people at a table during the session, and another showing a large group of students and staff posing for a group photo outdoors.

A New Dawn of Leadership

Hyderabad, 29th June 2024 – Akshara Vaagdevi International School held its Investiture Ceremony for the academic year 2024-25, marking a significant event in the school's calendar. The ceremony was graced by Chief Guest Smt. Surya Kumari, and the Col Sunil Yadhav Shaurya Chakra along with the Principal Ms. Vanaja, Vice Principal, esteemed directors, teachers, parents, and students. The words of the guest was words of wisdom and encouragement resonated deeply with the audience, setting a high standard for the year ahead

The event began with a heartfelt welcome and a quote by Robert Baden-Powell, emphasizing the essence of leadership and service. Highlights included the ceremonial lamp lighting, flag hoisting, and tree plantation, symbolizing enlightenment, unity, and sustainability.

Cultural performances, including a Welcome Dance and March Past, showcased the students' talent and discipline. The Passing of the Badges and Oath-Taking ceremony saw new student leaders pledging to uphold their duties with integrity.

Speeches from the Principal, Chief Guest, and Director inspired the audience, while the unveiling of the school magazine highlighted student achievements. The event concluded with a Vote of Thanks, leaving attendees with a sense of pride and anticipation for the year ahead.

The Investiture Ceremony celebrated leadership, unity, and commitment, setting a positive tone for the academic year 2024-25 at Akshara Vaagdevi International School.





Visit the AVIS Website, Facebook, and Instagram.

<https://www.avinternationalschool.in>

<https://www.facebook.com/search/top/?q=akshara%20vaagdevi%20internationalschool>

<https://www.instagram.com/explore/tags/aksharavaagdeviinternationalschool/>

THANKS AND REGARDS

MS. VANAJA.

Editorial team, Photos collage courtesy: Mrs. Rajkumari

Editor: Mrs.Hema